

## BENEFICIARY STORIES

### 1.1 MUNGWELE VILLAGE WOMAN TESTIFIES



A woman has testified that the quality of water has tremendously improved in her village. This came to light when a team of RFDP staff paid a surprise visit to a water point in the village.

Emelda Zulu, 34, of Mungwele village in Chitungulu chiefdom, observed that the well had a lot of cracks. Dirt water from outside was dripping inside the well contaminating the water. Diarrhoeal diseases were on the increase as a result of drinking contaminated water.

She stated that with the assistance from RFDP with support from Netherlands Albert Schweitzer Foundation (NASF), the well was rehabilitated. The community is now drinking good quality water. This has drastically reduced incidences of water related illnesses in the area and that the prevalence rate of diarrhoea diseases has reduced in the village.

She said a water and sanitation committee has been elected to oversee the smooth running of the facility. The committee also received capacity building provided by RFDP. In turn the committee imparts hygiene lessons to the community.

'We are very much appreciative of RFDP initiative,' Emelda said.

### 1.2: Personal Beneficiary Story 1-Kazembe



Hi!

I am Olipa Banda, a grade 9 pupil at Kazembe Basic School. I come from a family of 3, and I happen to be the first born. I live in a nearby village called Kachinkhula, some metres away from the school. I am 14 years old.

First of all, I would like to thank Rising Fountains Development Program (RFDP) for constructing 5 double pit latrines at the school with support from

Simavi.

The situation at the school was very bad in terms of sanitation. We had only 3 temporary toilets which catered for all the 461 pupils in school. Usually there was a scramble for the facilities. This meant older pupils were the ones who used the toilets. Smaller children could be forced to defecate and urinate anywhere in the school premises and the nearby bushes. Because of this poor sanitation, the school experienced a terrible outbreak of bilharzias. Unfortunately, I was one of the victims.

Thanks to RFDP who came to our rescue. RFDP, in partnership with the clinic staff, gave us tips on the causes and effects of sanitation illnesses and personal hygiene and referred us to the clinic for treatment. RFDP also constructed 5 double ventilated pit latrines (10) and installed 2 hand-washing facilities in the school which are now in use.

Because of these changes, hygiene amongst the pupils has greatly improved. The problem of going to the bush or defecating around the school grounds has come to an end. The school surrounding is now very clean. Personally, I am very, very satisfied with the situation now since I am no longer suffering from any sanitation-related disease. I spread the knowledge I have gained to my peers so that they also understand the goodness of hygiene and sanitation. And I see no threat of any possible future outbreak.

### **1.3: Personal Beneficiary Story 4-Chitungulu**

Hallo there!

I am Thapson Phiri. I am a grade 6 pupil aged 13. I joined Chitungulu School in January, 2009. I am a captain at this school.

Though the surrounding of the school was relatively clean at the time I was coming in, the sanitation problem was not good. I could see dirt all over. The two toilets that were there were not being cleaned. An outbreak of disease was eminent. The health authority had at one time wanted to close the school on these health grounds. We did not even know what sanitation was.

I am happy with the coming of RFDP. They have taught me a lot of things. I now know that I need to wash my hands after using the toilet and clean the surrounding to avoid disease. The construction of the 5 double pit latrines and installation of hand-washing facilities have made it easier for me to access the services. Generally, the sanitation situation is good. As a captain, I have a duty to make a duty rota for the pupils so that they clean the toilets and surroundings. I am now learning in a very friendly environment.



#### **1.4: CASE STUDY CHITUNGULU**

“My names are Manda Whytwel, I am in grade 6 at Chitungulu Basic School in Chitungulu chiefdom of Lundazi district of eastern province of Zambia. I am where I am today because of Rising Fountains Development Program (RFDP) a non –governmental organization operating in our area since its inception.



As an orphan, I lacked support in my education though I very much wanted to pursue education. Rising Fountains Development Program (RFDP) recognized my vulnerability and included me on the list of beneficiaries as they saw great potential in me to make it in life. RFDP, through Breadline Africa, supported me with school requisites like pencils, books, pencils, ball point pens and a pair of uniform (skirt and shirt). RFDP is supporting me to go further in my education because I also believe education is investment. I think educating a girl or a boy, like me, is very important because it does not only help an individual, but also motivates the lives of my siblings (who are my brothers and sisters) and other individuals in my community/village. I strongly believe that once the youths are educated they can have a bright future as it is commonly said that youths are leaders of tomorrow. I very much thank RFDP and Breadline Africa for coming to my aid. Please keep it up!”

## 1.5 INTEREST STORY LUSUNTHA DAY SECONDARY SCHOOL

(Rising Fountains Development Programs work is to ensure access to education, for girls and boys).



“My names are **Given Phiri** lam a female doing grade 11 at Lusuntha Day Secondary School in Phikamalaza chiefdom of Lundazi district of eastern province of Zambia. I am where lam today because of Rising Fountains Development Program (RFDP) a non –governmental organization operating in our area since the year 2009. As a pupil, I lacked knowledge in HIV/AIDS education though I had heard about HIV/AIDS. I really wanted to undergo a workshop in any youth programs. Fortunately, RFDP came to my cry and I attended a behavior change communication-(BCC) workshop for three (3) days. Rising Fountains Development Program (RFDP) recognized my vulnerability and included me on the list of pupils/youths to benefit as they saw great potential in me to make it in life by attending the youth BCC workshop. RFDP, through Thandizani, supported me with behavior change communication-(BCC) where I learnt about total abstinence, peer pressure and why change is difficult. Apart from those lessons, the organization has given me and the rest of friends some good white T-shirts and books to write in during the workshop. I would like to appreciate RFDP organization, the facilitators and Thandizani/ZNAN for helping youths to understand HIV/AIDS. Please keep on helping the youths in this school and in other areas, bye bye.”

